





# becoming the AVATAR

Just one element isn't enough for you, is it? You want to become the Avatar and be responsible for the balance between the four nations? Good news, that is possible! You'll need to reach all levels of all the Nations and you need to do this in the right order. The Avatar order is: Air - Water - Earth - Fire, which means you will need to follow this order to become the Avatar. First, you have to choose your main element (so where you are from), that is where you start and then you follow the order of the Avatar. So, to conclude, this is the order you have to follow when you start with your own element:

**Air** - Water - Earth - Fire

**Water** - Earth - Fire - Air

**Earth** - Fire - Air - Water

**Fire** - Air - Water - Earth

However, you have only reached the first level of becoming the avatar if you've mastered all the elements! Here are the Avatar levels and what you need to do in order to complete each level and become a fully grown Avatar.

## Level 1

Finish all 10 levels of each of the elements (in the correct order).

## Level 2

Finish the two special skills of all the Nations.

## Level 3

Travel the entire world and become accustomed with each group, so make sure you finish becoming a part of all the extra groups in all the Nations.

## Level 4

Finish all the seven chakra's (see following pages).

## Level 5

Learn energybending from the Lion Turtles (see following pages).



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In order to become a fully grown Avatar, you need to open all seven chakras and let them flow. To do this, you must read two books for each chakra and you must do this in the right order. Here you can find the prompts for all the seven chakra's.

## **Muladhara      Earth Chakra**

- A book that deals with survival
- A book that you fear you might not like

## **Swadhisthana      Water Chakra**

- A book that is considered really funny
- A book with "guilt" in the title (or otherwise in the synopsis)

## **Manipura      Fire Chakra**

- A book that deals with finding inner strength
- A book with the word "shame" in the title (or otherwise in the synopsis)

## **Anahata      Air Chakra**

- A book with hearts on the cover
- A book with somebody that is crying on the cover

## **Vishuddah      Sound Chakra**

- A book that has the word "truth" in the title
- A book that has the word "lie" or "lying" in the title

## **Ajna      Light Chakra**

- A book with a bright light on the cover
- A book where the synopsis says "but not all is what it seems" (or something similar)

## **Sahasara      Thought Chakra**

- A book with the stars at night on the cover
- A book with a planet on the cover



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For the last level in becoming the Avatar, you need to learn energybending. Avatar Aang learned energybending from a Lion Turtle and you need to do the same. To learn energybending you're going on a journey with the Lion Turtle and you have to read 10 books for this journey, you have to read the books in the same order as you see the prompts here.

## **Part one of the journey; awareness**

- A book with the colors red and blue on the cover
- A book with the colors green and white on the cover

## **Part two of the journey; awakening**

- A book with a title that starts with an "A"
- A book with a title that starts with a "Z"

## **Part three of the journey; realization**

- A book with a lion on the cover
- A book with a turtle on the cover

## **Part four of the journey; seeking**

- A book that is at least 20 years old
- A book that came out this year

## **Part five of the journey; learning**

- A book with less than 150 pages
- A book that has over 800 pages

Congratulations, you learned energybending from the Lion Turtle and that means you're now the best Avatar that you can be! All the nations depend on you for guidance and balance, but with the skills you learned in your journey, you're sure to help and protect all of them!